

Committee NOTES: Pediatric & Family Health

Date: December 19, 2011

Attendees: from sign in sheet

Secretary/notetaker: Kimi Mead

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Agenda Item			
1.	Introductions and sign in sheet, in-kind documentation		
	Committee Task	Action – what the committee / GSC did	
2.	Progress towards goals/objectives: Oct – Dec 2011	<ul style="list-style-type: none"> Articles regarding healthy snacks, nutrition & fitness in insert Infant safe sleep / infant mortality workshops attended by Heather – HD & Nikki – EGS Play article & lead safe homes articles in insert & county journal Many fall activities were put on by EGS staff to keep families out & active 	
		Action – what the committee / GSC did	Next Steps – what the committee will do
3.	Objective / Action Step: Provide nutrition education and opportunities that include easy meal ideas for the whole family	<p>A. Alive Kitchen opened Dec. 5</p> <p>B. Nothing, waited until Alive opened</p> <p>C. HGB & HD did fall issue</p> <ul style="list-style-type: none"> FYI – Amy Pennington scheduler for 	<p>A. Melanie w/ HGB is doing “How to pack kids’ lunches” @ Alive in January. She will send to EGS to be passed through Facebook, web & email lists.</p> <p>B. At Feb mtg, brainstorm / create a list</p> <p>C. Winter edition, all committee members will submit what they can and then keep on file to use w/ future</p>

		Alive Programs	issues
4.	<p>Objective / Action Step: Provide more community education opportunities on healthy family lifestyles including physical fitness and nutrition.</p>	<p>A. BMB was on winter break Dec. – Jan. there were questions if BMB would continue due to budget cuts.</p>	<p>A. Nikki stated BMB will continue, in Feb & will discuss implementing more physical fitness & nutrition w/ staff</p> <p>B. Committee discussed having handouts for parents @ Toddler Time. _____ will discuss w/ Cindy, TT leader, about ideas TT volunteers may have for these handouts and then report back to SC & committee will then get necessary materials</p>
5.	<p>Objective / Action Step: Incorporate more children’s health and activities into the HGB Health Fair</p>	<p>A. Melanie with HGB ... planning has just begun</p> <ul style="list-style-type: none"> • FYI – March 3rd is Health Fair with community vitality week Feb. 26 – March 3 w/ speakers daily. Theme: “Women’s Health Experience” ... open to the public 	<p>A. Melanie will contact Kimi when she knows more</p> <ul style="list-style-type: none"> • IDEAS – scavenger hunt, special stickers provided by EGS for children w/ book reward, etc. • Hand washing • Digging for sensory items
6.	Other.....	•	•